

Survey Of Student Interest In Participating Pencak Silat Extracurriculars at SMP Negeri 30 Muaro Jambi

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Abstract: This research was conducted at SMP Negeri 30 Muaro Jambi in May 2024. Research data was obtained by distributing questionnaires to students as the main data. After the questionnaire was returned, the data was analyzed quantitatively using a percentage formula. The results of the research show that the results of the analysis that have been carried out show that students' interest in participating in the pencak silat extracurricular at SMP Negeri 30 Muaro Jambi is known to be in the "very low" category at 3.3% (4 students), "low" at 31.3% (37 students), "medium" at 37.9% (45 students), "high" at 20.0% (24 students) and "very high" at 7.5% (9 students). The causal factors are internal factors and external factors. Internal factors come from indicators of happiness, attention and activity, where the percentage level shows that students' interest in participating in the pencak silat extracurricular at SMP Negeri 30 Muaro Jambi based on internal factors in the happiness indicator is 35.61%, the attention indicator is 32.03% and the activity indicator was 32.37%. External factors come from environmental indicators and parents, where the percentage level shows that students' interest in participating in pencak silat extracurriculars at SMP Negeri 30 Muaro Jambi is based on external factors in environmental indicators of 49.48% and parental indicators of 50.52%.

Keywords: extracurricular, interests, pencak silat, survey

INTRODUCTION

According to Education System Law No. 20 of 2003, education is defined as a deliberate and planned effort to create a learning environment that allows students to actively develop their potential. This aims to enable them to have spiritual and religious strength, the ability to control themselves, personality, intelligence, noble morals, and the skills needed for personal and community interests. Sport is a physical or mental activity that is useful for maintaining and improving a person's health level after exercising. (Khairuddin, 2017). Physical education is a conscious and planned process of educating individuals or members of society, carried out through various physical activities. The aim is to achieve body growth, health and physical fitness, as well as develop abilities, skills, intelligence, and form a balanced character and personality, in accordance with the vision of forming quality Indonesian people based on the values of Pancasila (Syamsul Arifin, 2017). SMP Negeri 30 Muaro Jambi, which is located in Pematang Gajah Village, Rt 02, Jambi Luar Kota District, not only carries out formal learning activities, but also provides extra education that supports students' interests and talents in aspects of religion, sports and arts. To support the implementation of these extracurricular activities, SMP Negeri 30 Muaro Jambi also has several facilities which are adequate for the continuity of carrying out extracurricular activities. In the 2013 curriculum, extracurricular activities are divided into two categories,

namely extracurriculars which are mandatory and extracurriculars which can be chosen according to student choice.

According to the results of researchers' observations at Public Middle School 30 Muaro Jambi, students who took part in the pencak silat extracurricular were 23 out of 196 students at the middle school. The problem encountered is that many students take part in extracurricular sports because of encouragement and invitations from their friends, not because of the student's desire or interest. This is because students are more comfortable when taking part in the same extracurricular activities as their close friends, so it gives the impression that students are taking part in sports extracurriculars not because they are interested in themselves but rather following their friends' invitations.

To overcome the disparities that arise related to symptoms as previously explained, the author intends to investigate these phenomena through research. Based on these considerations, the researcher designed a study entitled "survey of student interest in participating in pencak silat extracurriculars at SMP Negeri 30 Muaro Jambi."

Sub-Introduction 1

Based on the background of the problem, problem identification, and problem limitations described above, the problem can be formulated as follows:

"How high is the level of interest of students in participating in pencak silat extracurriculars at SMP Negeri 30 in Muaro Jambi Regency?"

Sub-Introduction 2

In accordance with the problems posed, the objectives of this research are;

1. To find out how interested students are in taking part in the Pencak Silat extracurricular at SMP Negeri 30 Muaro Jambi.
2. To find out what factors influence interest in taking part in the Pencak Silat extracurricular at SMP Negeri 30 Muaro Jambi.

RESEARCH METHODS

This research was carried out at SMP N 30 Muaro Jambi. Implemented for one month, namely from May to June. This research uses quantitative descriptive methods. The population in this study were all students in class VII and VIII of SMP N 30 Muaro Jambi, totaling 119 students in 5 classes, obtained from data in the Administration sector of SMP N 30 Muaro Jambi. Total sampling is a sampling technique where the sample size is the same as the population (Sugiyono, 2007). So, the number of samples in this study was 119 students. In this research, the instrument used was a questionnaire. The data analysis method applied in this research is quantitative descriptive analysis using percentages. The formula used according to (Anas Sudijono, 2010) is as follows:

$$P = \frac{F}{N} \times 100$$

Information:

P = Percentage number

F = Frequency

N = number of all subjects or respondents

To give meaning to the existing scores, the results of data analysis are then grouped into five categories, namely: very high, high, medium, low and very low. The score criteria used for categorization use the following formula (Anas Sudijono, 2008):

Table I. Norms for Student Interest Categories

No	Intervals	Category
1	$>M + 1.5 SD$	Very high
2	$M + 0.5 SD - M + 1.5 SD$	Tall
3	$M - 0.5 SD - M + 0.5 SD$	Currently
4	$M - 1.5 SD - M - 0.5 SD$	Low
5	$<M - 1.5 SD$	Very low

RESULTS AND DISCUSSION

The instrument reliability test used the "Cronbach's Alpha" formula using the SPSS for Windows version 20 application program. The Cronbach's Alpha value was $0.733 > 0.70$, so it can be said that the research instrument has high reliability. Descriptive statistical data from survey research on students' interest in participating in pencak silat extracurriculars at SMP Negeri 30 Muaro Jambi obtained an average (mean) of 89.24, a mean (median) of 88.0, a standard deviation (SD) of 7.20, the lowest score (minimum) 75, highest score (maximum) 114.

Sub Results and Discussion 1

When displayed in the form of assessment norms, students' interest in participating in the pencak silat extracurricular at SMP Negeri 30 Muaro Jambi can be presented in the following table:

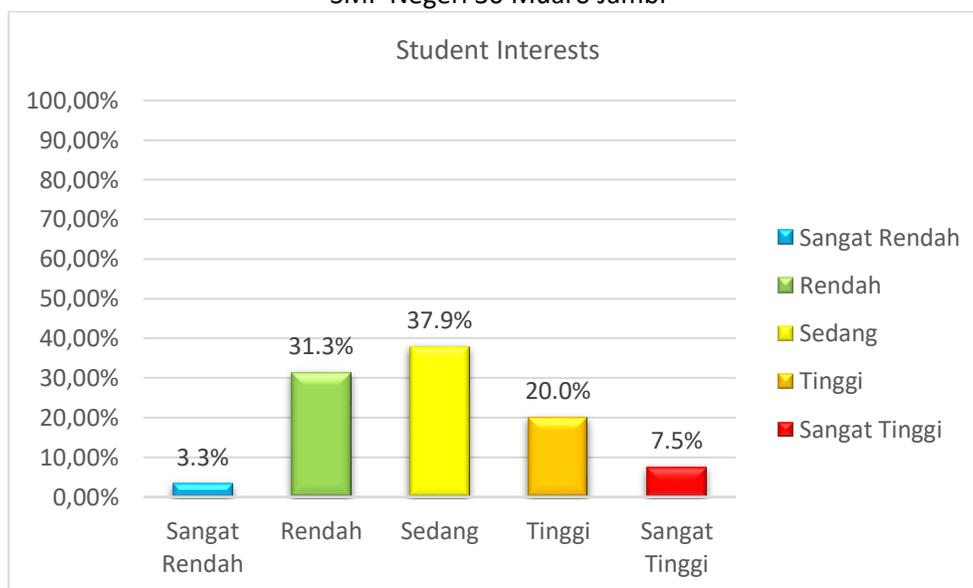
Table II. Norms for Assessment of Students' Interest Survey in Participating in Extracurricular Pencak Silat at SMP Negeri 30 Muaro Jambi

No	Intervals	Category	Frequency	Percentage
1	> 100.04	Very high	9	7.5%
2	$92.84 - 100.04$	Tall	24	20.0%
3	$85.64 - 92.84$	Currently	45	37.9%
4	$78.44 - 85.64$	Low	37	31.3%
5	< 78.44	Very low	4	3.3%

Amount	119	100%
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Based on the assessment norms in the table above, students' interest in participating in the pencak silat extracurricular at SMP Negeri 30 Muaro Jambi can be seen in the following diagram:

Figure I. Bar Diagram of Students' Interest in Participating in Extracurricular Pencak Silat at SMP Negeri 30 Muaro Jambi



CONCLUSION

Based on the results of the research, it was found that students were interested in taking part in extracurricular pencak silat at SMP Negeri 30 Muaro Jambi, as many as 9 students (7.5%) had extracurricular interest in pencak silat in the very high category, as many as 24 students (20.0%) had extracurricular interest in pencak silat in the high category, as many as 45 students (37.9%) had an extracurricular interest in pencak silat in the medium category, as many as 37 students (31.3%) had an extracurricular interest in pencak silat in the low category and as many as 4 students (3.3%) had extracurricular interest in pencak silat in the very low category.

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